

A new way of living

Harnessing ILO to Achieve Choice and Control

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But first, some context...





FIGHTING
CHANCE

Avenue

Base
Housing Collective

Jigsaw

Base

Housing Collective

- Base Housing Collective is a family governance led, provider-run, SIL service.
 - **Family Governance led:** All key decisions in Base houses are made by the people who live there, via the Family Governance Committee.
 - **Provider run:** Base is a SIL provider, which works to implement the choices and decisions of housemates and their families.
- The goal of this two-pronged approach is to put people with disabilities in full control over their lives, while also taking on the complex administrative and operational workload of supporting and administering a house.
- Base is a SIL provider and supports houses in which 2 - 4 people with disability live together. However we are proving that living in a SIL-funded house does not have to mean housemates have to give up their power.
- Four houses operate under the Base Family Governance approach.

**FIGHTING
CHANCE**

Why our interest in ILO?

- Game changer for people with disability, offering a genuine alternative to SIL beyond living at home with family.
- Individualised approach, allowing each person to build a living situation that suits them.
- Moving beyond group living scenarios that don't suit everyone, to individualised arrangements.
- Based in a living arrangement with a housemate - more mainstream, integrated approach.
- True opportunity to live up to the potential of the NDIS and of our time.



“For many years people with disabilities found themselves shut in—hidden away in large institutions. Now many people with disabilities find themselves shut out—shut out of buildings, homes, schools, businesses, sports and community groups. They find themselves shut out of our way of life”

Shut Out Report 2009



Hireup launched our ILO practice in August 2021 and to date we are supporting 30 people to either develop their ILO plan or live independently.

What is ILO?

We're passionate about ILO as a new way to live independently with NDIS support

Individualised Living Options (ILO) is an independent living option under NDIS that provides an alternative to group homes

The key ILO difference: Instead of living with other people with disability in a home with 24/7 rostered support, the person lives in an arrangement of their choosing (with a housemate or host, for example) with less frequent formal support.

ILO provides people with a great degree of choice over how they live (with a housemate, host, alone and more...)

Technically speaking, ILO is a two step process, funded by the NDIS

The difference between ILO and SIL

The SIL Approach

- 2 - 5+ people with disability living together, traditionally with no choice over housemates, nor much up-front investment in matching.
- Roster of Care approach - support needs of each person in the house rolled together into one centrally-managed roster.
- Rostered workers, usually 24/7 and with shared ratios.
- In many cases run like small institutions rather than homes of the people who live there.
- Limited community integration.

ILO Approach

- One person with disability living in an arrangement of their choosing - with a friend, housemate, homeshare etc.
- Supported by a provider-backed coordinator who helps the person to manage their arrangement.
- Time invested up front to design the right arrangement.
- Some informal supports offered by the housemate.
- Formal supports provided by Support Workers around these informal supports.

The NDIS funding framework for Home & Living

Core

Individualised Living
Options (ILO)

Supported
Independent
Living (SIL)

People who are able to live in the community with **good planning, drop-in supports** and **limited requirements for problem solving outside of support hours.**

People who need **6 hours or more of support per day.** May be **up to 24 hours.** Innovative models are funding including using **informal, paid and other supports**

Living arrangements that involve **only rostered supports of staff employed and paid by the hour** or meet the criteria for inactive or active sleep shifts. **Usually 24/7 paid support**

An array of options that you can choose from

Housemate / co-resident

Housemate may receive either a payment or reduced or subsidised rent depending on the type and intensity of support provided

Host

Similar to housemate arrangement, except the person with disability moves into some else's home

Living Alone

Supported by a network of informal and formal supports (e.g. oncall or concierge supports)

Living Together

Can live with other people with disability, chosen on the basis of friendship, common interest etc.

Where is ILO headed?

**I'm interested in ILO.
What is the process to develop my
own ILO arrangement?**

The process to set up an ILO



Stage 0: Home and Living Supports Request

This stage is about **signalling to the NDIA** that the person with disability would like support to achieve a housing goal

Form required: Home and Living Supports Request Form

Stage 1: Exploration and Design

This stage enables the person with disability to choose a provider to work with them. Together with the provider they **explore their home and living aspirations** and what they might need to be supported in their home. They **design a living arrangement that focuses on their preferences and needs.**

Form required: ILO Service Proposal

Stage 2: Supports

This stage is about **finding and implementing the supports** the person with disability needs to live the way they want, **monitoring and adjusting** their supports as needs change.

The process to set up an ILO



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The first step is the Home and Living Supports Request Form

If you or someone you support is thinking about moving out of home, you'll need to let the NDIA know so they can add additional funding to make this happen.

The way to do this is by completing the [Home and Living Supports Request Form](#). If you meet the NDIA's criteria, they will give you funding for ILO Exploration and Design.

Our experience is that it is beneficial to complete this Home and Living form with the assistance of an NDIS expert, e.g. someone who has been through the process already or a Support Coordinator. Forms with supporting documentation are more likely to be accepted.

Forms can be submitted to your planner or Local Area Coordinator (LAC). Many people try to time the submission of their form with an upcoming plan review.

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Exploration and Design is funded in 3 levels

Level 1

\$3,000 (30 hours)

Level 2

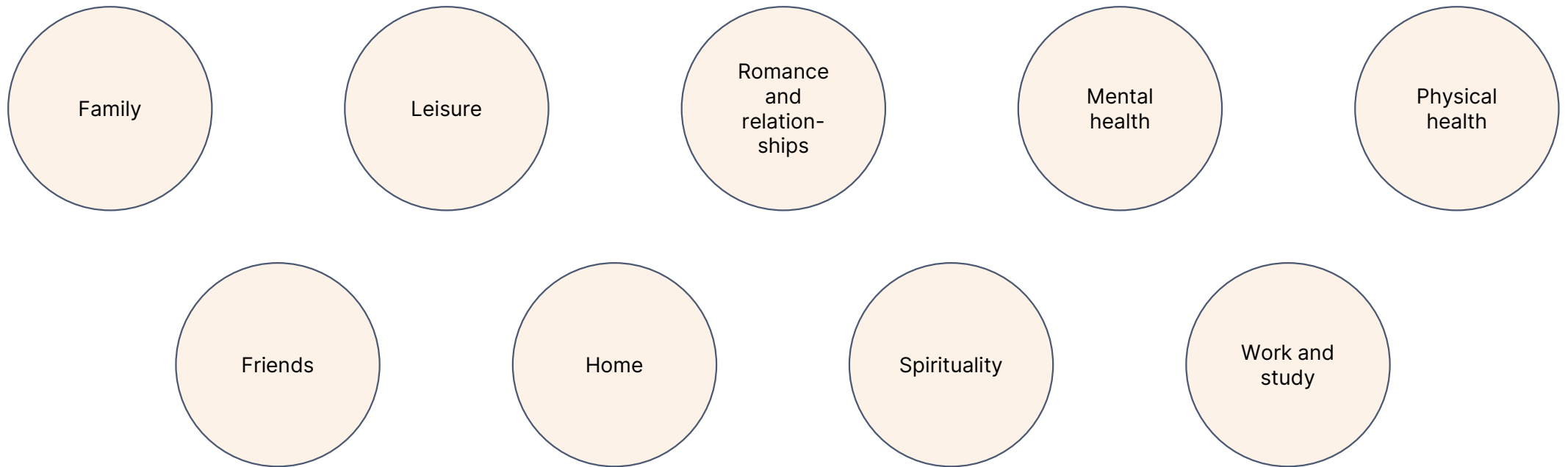
\$5,000 (50 hours)

Level 3

\$10,000 (100 hours)

A strong design process takes time and effort, it's holistic

A strong and holistic design process builds resilience to future-proof home and living arrangements and make them sustainable



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ILO supports are funded in 3 levels

Level 1

\$105,000 per year

Level 2

\$150,000 per year

Level 3

\$230,000 per year

These funding levels only relate to the support you require to live independently - not your whole NDIS package

Supports

Finding housemates

Organising paid / formal supports

Involving informal supports

- Friends
- Family
- Neighbours
- Others in your network of supports

Monitoring

Regular check-ins to ensure everything is working

Redesign of the arrangement if things change

Ensuring your sovereignty of risk as well as your safety

**What do I do next?
How Hireup can help....**

The support Hireup can provide



Support to complete your Home and Living Supports Request Form

- Quick advice on how to approach the process, OR
- Structured support to help you complete the form and maximise your chance of success

Holistic Exploration and Design to help you document your ideal living arrangement

Approached in partnership with your key supporters, as appropriate

Operational support to help you realise your arrangement e.g.:

- Flatmate search
- Property search
- Support worker staffing
- Lifestyle coordination / rostering / monitoring

**If you want to chat,
reach out to**